First Aid

**To access the first aid resources, you will need to go onto the Red Cross website. The link is below** [**https://firstaidchampions.redcross.org.uk**](https://firstaidchampions.redcross.org.uk)

**Once you are on the website click on ‘Primary’ as these resources are designed for 5-11 year olds.**

**The website will ask you if you have a unique user id, you will find your individual id under your name in assignments. This id will track your progress.**

**On the drop-down menu click on ‘First Aid Skills.’** Then scroll down to the eight first aid skills at the bottom.

Choose ‘Broken Bone’ as your first aid emergency. Click on the confidence slider and watch the video. Read through the steps you can take to help, then take the quiz. Scroll down to the ‘practice section’ and with someone at home complete the broken bone role play cards.

Once you have completed this you can choose one of the other first aid skills and repeat the activities.