



Tipperty School Starting School Booklet



Welcome to Tipperty School!

The staff and pupils of Tipperty School would like to welcome your child to Primary One!



What do we do to prepare children and families for starting Primary One?

Normally we arrange initial visits to the school in May or June in order for your child to familiarise themselves with the school and to meet their buddies.

Your child will be issued some learning packs with some suggested activities. Please engage with these as you feel appropriate. When you have completed your learning packs, please let us know so we can arrange for you to pick up more.



When do the children start school?

Children start school in a phased entry over the first two weeks of term. There will be half day schooling (mornings only) during weeks one and two. School transport (where applicable) will start on day one of school.



For the first two weeks, the P1 children will attend for the morning session and leave after they have eaten their school lunch, at around 1pm. The children will normally start school full-time on the third week of term.

What happens at break time?

Children will go to the playground to play at break times during their half day sessions and then also at lunch time once they are in for full days. They will also be allocated a buddy who will be an older friend that will help them adjust to the playground and to this new experience. Breaks may take place in the playground area or in the courtyard area.


Your child will require a snack that they can open independently. The pupils in the Health Group have organised "Fruitable Friday" where children are encouraged to bring a snack of fruit or vegetables each Friday and they are rewarded with House Points. For health and safety reasons, lollipops are not permitted as snacks.



What happens with School Lunches?

Primary 1-4 children receive free school meals, in line with the current Scottish Government policy. An example school menu can be seen below.

<https://www.aberdeenshire.gov.uk/schools/meals/primary-and-special-school-meals/>

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| Week 2 – 18 th April, 16 th May, 13 th June, 29 th Aug, 26 th Sept 2022 | | | | |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Tomato Soup V | Lentil Soup V | Minestrone Soup V | Lentil Soup V | Potato Soup V |
| Main Course | Main Course | Main Course | Main Course | Main Course |
| Chicken Burger in a Bun served with optional BBQ Sauce or Tomato Ketchup Sweetcorn Grated Carrots | Homemade Margherita Pizza V Baked Beans Side Salad Penne Pasta | Our Butchers Pork Sausages or Quorn Sausages V Baked Beans Broccoli Mashed Potatoes | Chicken Curry with Long Grain Rice Broccoli Florets Sweetcorn | Breaded Haddock Baked Beans Garden Peas Chips |
| Pasta Bolognese or Vegetable Bolognese V Sweetcorn Grated Carrots | Cottage Pie Baked Beans Garden Peas | Baked Fish Fingers Side Salad Baked Beans Mashed Potatoes | Cheese Panini V Side Salad Sweetcorn | Chicken Fajita or Roasted Vegetable Fajita V Side Salad Garden Peas |
| Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter | Soup & Sandwich Platter |
| Tomato Soup V Tuna Mayonnaise Sandwich served with Side Salad & Pineapple | Lentil Soup V Thinly Sliced Chicken Wrap served with Side Salad & Margherita Pizza Finger V | Minestrone Soup V Cheddar Cheese in a Soft Roll V served with Side Salad & Grated Carrots | Lentil Soup V Thinly Sliced Ham Sandwich served with Side Salad & Melon Wedge | Potato Soup V Egg Mayonnaise Sandwich V served with Side Salad & Carrot & Pepper Sticks |
| Dessert | Dessert | Dessert | Dessert | Dessert |
| Sliced Peaches served with Strawberry Yoghurt Or Raisins served with Cheese & Biscuits | Fresh Fruit of the Day or Raisins served with Carrot Cake and Milk | Fresh Fruit Salad served with optional Natural Yoghurt Or Raisins and Cheese and Biscuits | Fresh Fruit of the Day or Raisins served with an Oatie Biscuit & Milk | Fresh Fruit of the Day or Raisins served with a Chocolate and Raspberry Brownie & Milk |

V = Vegetarian

Menus may be subject to change without notice due to unforeseen circumstances.

Aberdeenshire COUNCIL 

If your child prefers, they can take a packed lunch. Please let us know if your child has any food allergies or specific dietary requirements.

How can I help my child to be more independent at school?

We would like to encourage the children to be independent as far as possible. Please find below a list of essential skills to practise with your child.

- Putting on their own jacket and zipping it up.
- Washing and drying hands.
- Changing for PE- practise dressing and undressing.
- Being confident in going to the toilet independently.
- Using a knife and fork.
- Recognising and trying to write their own name.

How can I prepare my child to be safe when travelling to school?

Teaching your child good road sense is essential. If collecting your child by car, please ensure your child knows to wait within school grounds until you arrive, and to go back inside if you are delayed. Children using school transport are given help with the routine by the driver. It is essential that you emphasise the importance of good behaviour on the bus as the driver must not be distracted. Seat belts must be worn on school transport at all time

What will the children do in class during the first few weeks?

Children will take part in structured play activities, many of which will be similar to those they have experienced at Nursery. This will ensure a smooth transition from Nursery or Pre-school to Primary One.



Your child will participate in an intensive phonics programme (learning about letters and sounds) which we believe gives the children a solid foundation upon which to build their literacy skills.

What can I do to support the work being done in class?

Your child will begin learning to read and recognise numbers and symbols.

Here are some things you can do to help your child with reading:

- Say, sing and read traditional nursery rhymes
- Encourage your child to try to read things when out and about
- Visit the local library
- Show enthusiasm for books and make time to read every day
- Talk to your child about his/her school day and anything they may bring home
- Play with your child and listen to what they have to tell you



Where can I buy the school uniform?

School uniform can be ordered directly from Buchan Embroidery.

Please contact the school office for more information. [Buchan Embroidery](#)

The school uniform consists of sweatshirts and polo shirts.

Please **name all clothing** items including shoes, jackets and gloves so that we can return them to you if they are lost.

What do children wear for PE?

Your child will be required to wear their PE kit to school twice a week. The class teacher will confirm the PE days at the start of each term. Children will require suitable footwear for PE e.g. trainers. Please note that we make full use of the outdoor area and the hall for PE sessions, depending on the weather and the planned activities. Children who have long hair should tie their hair back during PE. Any jewellery worn should be removed for PE.

Does my child require any other equipment ?

Children should bring a named water bottle with them to school and they are permitted to drink as is necessary during the day. Please fill your child's bottle with water only. Please also provide a named apron for in school for water, paint and messy play. Your child will require a waterproof jacket and hat, scarf, gloves, sun cream or a sun hat, dependent on the prevailing weather conditions! All breaks are planned to be taken outdoors. Please note that children are responsible for applying their own sun cream.

How can I contact the school?

We are always happy to talk to you. Please contact the school office if you would like to make an appointment. The school office can be contacted on 01358 281085 during normal term time or by email:

tipperty.sch@aberdeenshire.gov.uk. This is the quickest way to get in contact with us.

We look forward to welcoming you to Tipperty School very soon!

